

# 1:1 Supervision for RN's and Care Partners

## Learning Objectives

1. Define the role of the hospital staff when 1:1 supervision is initiated.
2. Verbalize why 1:1 supervision is in place.
3. Describe the items that may not be the room of a patient under 1:1 supervision.
4. Explain the importance of patient safety when 1:1 supervision is initiated.

## **SUICIDE PRECAUTIONS INFORMATION FOR RNs and CARE PARTNERS**

Initiate 1:1 supervision when there is a reasonable assumption that the patient has made an attempt to harm himself, expresses suicidal thoughts or intent, or behavior indicates the patient is at risk. One-to-One Supervision is initiated per PCS 1502, PCS 1905 and HD No. 55.

During 1:1 supervision, LCMH staff must remain with the patient at all times, including use of the bathroom and during visiting hours. Remove and secure the following items from the patient:

- \* Belts, shoelaces, cords from clothing (i.e. sweat pants), plastic bags
- \* Hangars – plastic or metal
- \* Razors, any glass items (vases, make-up, perfumes)
- \* Metal items (combs, picks, aluminum soda cans, utensils)
- \* Personal items with cords (radios, Ipods, headphones)
- \* Tweezers, nail files, nail clippers
- \* Toxic substances (nail polish, deodorant, mouth wash, perfume)
- \* Anything that can be used as a weapon or to cut, choke, asphyxiate or ingest
- \* All smoking materials – lighters, matches, cigarettes

Inform EVS and the Engineering Dept. to secure all carts and tools when in the patient's room. No plastic bags in the patient's room.

Be aware of access to ceiling vents, shower and towel bars, windows, grab bars, machine cords, door hinges, bathroom mirror, IV poles, telephone and call light cords, cords for cardiac monitoring.

Keep needle disposal empty. Remove all needles and syringes from room immediately after use. If patient is in locked restraints have the key readily accessible.

Do not allow the patient to keep any medications at bedside. Make sure the patient has swallowed all prescribed meds before leaving the room.

Allow the patient to use ONLY plastic utensils. The care partner will cut the patient's food outside of the room, and the patient will use one plastic utensil to eat. All utensils must be accounted for, and disposed of away from the patient's room. No glass plates or cups are allowed in the room. When the 1:1 Supervision order is entered, the request for disposable utensils will be sent.

Toiletries (tooth paste, tooth brush, deodorant, mouth wash, soap, shampoo, etc.) may be used only under staff supervision.

**PROCESS: Order Entry module**

**Category: PORDERS (preprinted orders)**

**Procedure: Do a look-up. The first on the list is "1: 1 Med/Surg 1:1 Supervision forms"  
Choose 1:1, file and the information sheets will be printed.**

**Enter request for disposable eating utensils.**

**When the patient is placed on 1:1 supervision entering the order for 1:1 supervision will generate the following information sheets.**

- 1. Safety Checklist for RN's**
- 2. Care Partner/Care Companion Responsibilities**
- 3. Patient Information Sheet**
- 4. Family Information Sheet**

**1:1 SUPERVISION SAFETY CHECKLIST**

**COMPLETE AT INTIATION OF 1:1 SUPERVISION AND AFTER VISITING**

**RN Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

\_\_\_\_\_ Physical inspection of patient completed and assessment documented.

\_\_\_\_\_ Patient wears one hospital gown while on 1:1 supervision.

\_\_\_\_\_ Thorough contraband search completed. These items are included, but not limited to:

- \* Hems of curtains
- \* Toilet paper holder & toilet paper rolls
- \* Paper towel dispenser
- \* Waste paper basket emptied - no plastic liner in can
- \* All drawers in room searched
- \* Electrical outlets intact
- \* All belongings placed in a secure location including toiletries
- \* Bedding removed while mattress and pillows are searched
- \* No openings in mattress or pillows for hidden contraband

\_\_\_\_\_ Sitter has been oriented and received Care Partner responsibilities and standards.

\_\_\_\_\_ The physician is notified and an order for 1:1 supervision is obtained as soon as the patient and area are secured.

\_\_\_\_\_ All staff aware of patient's 1:1 status through documentation and shift to shift report.

## **1:1 SUPERVISION: CARE PARTNER/CARE COMPANION RESPONSIBILITIES**

- \* Assist the patient with ADLs as needed.
- \* The patient must wear a hospital gown while on 1:1.
- \* The patient must be within your line of vision and within reach at all times.
- \* The patient must not be left alone, even with family.
- \* If patient is restrained by a locked device the sitter must have the key on their person.
- \* Keeping the bathroom door ajar - stand sideways in the doorway, allowing the patient as much privacy as possible, being aware of patient's behavior. Avoid eye contact during this time.
- \* Plastic utensils will be used. The sitter will cut the patients' food prior to the tray entering the room, and give the patient one plastic utensil to eat with. All utensils will be accounted for, and disposed away from the patient care area. Only disposable plates and cups will be allowed in the patient's room.
- \* All patient belongings, including items in the bathroom and nightstand, will be kept in the closet in the patient's room for the duration of 1:1 supervision. Toiletries may be used under staff supervision.
- \* Inform the RN immediately if the patient condition changes, i.e., increased anxiety or agitation, makes threatening statements regarding self or others, or exhibits bizarre behavior.

## **CARE PARTNER/CARE COMPANION STANDARDS OF BEHAVIOR**

- \* No cell phones, headphones, cameras, or any electronic devices in the patient care area. The care provider will be certain of possessing the key for locked restraints if in use.
- \* No visits from other staff members.
- \* No personal phone calls unless there is an emergency
- \* Breaks and meals will be arranged with the charge nurse, and the time frame will be adhered to.
- \* A professional demeanor will be displayed at all times. Be polite, but do not enter into conversations regarding the patient's treatment.
- \* Staff may not eat in the patient's room.
- \* Staff personal belongings are not allowed in the patient room. The sitter will follow the Service Standards of Performance with regard to personal behavior and patient care.

## **PATIENT INFORMATION FOR 1:1 SUPERVISION**

You are currently on 1:1 supervision to promote a safe environment. Throughout the duration of this time, you will retain all of your legal and human rights, such as telephone calls, visitors, etc.

During the initiation of 1:1 supervision the following will occur:

- \* Staff will perform a physical inspection of your body. This is to ensure that there are no injuries and you do not have potentially harmful items on your person.
- \* A thorough room search will be performed to ensure that the environment is safe.
- \* During the duration of 1:1 supervision the following will occur:
  1. A staff member will be with you at all times.
  2. You will be provided with a hospital gown to wear
  3. Plastic eating utensils will be used under the supervision of staff.
  4. The staff member will cut your food and you will receive one utensil to eat with. Staff will dispose of all utensils.
- \* Your belongings, including the contents of your bathroom and bedside table, will be secured in the locked area. You may use toileting items under staff supervision.
- \* Staff supervision will remain when you visit with family and friends. Your visitors will be asked not to provide you with any articles without checking with the staff first.

## **FAMILY INFORMATION FOR 1:1 SUPERVISION**

1:1 supervision has been initiated to ensure a safe environment for your family member.

While 1:1 supervision is in effect, a LCMH staff member will be with your family member at all times, including visiting. We are available to answer your questions and concerns.

Safety measures have been put into place during this time.

- \* All belongings will be secured, and used under the supervision of staff.
- \* The patient will wear a hospital gown.

We request that you notify the staff before you give anything to your family member.

The staff will check all packages and patient belongings brought on the unit.

## **CONTRABAND**

electrical appliances	mouthwash containing alcohol	metal cans
radios	matches and lighters	scissors
televisions	glass of any type	knives
video equipment	tweezers/nail files	glue
tape recorders	plastic bags	mirrors
head phones/Ipods	stuffed animals	razors
computers	nail clippers	razor blades
cameras	clothes hangers	firearms
cell phones	metal objects	pantyhose
beepers	belts	alcohol
illegal drugs	bed linens from home	
over the counter or prescription drugs		

Items not listed will be left to the discretion of the LCMH staff.

## **MEDICATIONS**

All medications must be given to your family member's nurse. While your family member is in the hospital medications may only be administered by a Registered Nurse, under the direction of the physician. Patients may not keep medication on their person, or take medications without the knowledge of the physician and nursing staff.